

| Rotation/Days | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|--|--|---|--|---|
| Week 1 | | | | | |
| LUNCH (Meat/Carnivore)) | Oven Fried Chicken Served with Oven spiced potatoes and seasonal vegetables | Cheese Burger Served with Vegetable Soup | Chicken Strip Wrap Served with Oven fries & Salad | Penne w/ Zesty Tomato Sauce Served with Caesar Kale & Chickpea Salad | Cheese Pizza Served with Bean salad Garden Salad |
| (Vegetarian/Herbivore) | Vegan Samosa Served with Caesar Salad | Veggie Cheese Burger Served with Vegetable Soup | Falafel Wrap Served with Oven fries & Garden Salad | Penne w/ Zesty Tomato Sauce Served with Caesar Kale & Chickpea Salad | Cheese Pizza Served with Bean salad/Garden Salad |
| Week 2 | | | | | |
| LUNCH (Meat/Carnivore)) | Meatball Submarine Served with Caesar Salad | Cod Nuggets Oven baked Fries Garden Salad | Chicken Burger Served with Cream of Broccoli Soup | Chili Mac 'n' cheese Served with Garden Salad with Chick peas | Grilled Chicken Lemon Rice Greek Salad |
| (Vegetarian/Herbivore) | Falafel Submarine Served with Caesar Salad | Falafels Oven baked fries Served w/Garden Salad | Veggie Burger Served with Cream of Broccoli Soup | Chili Mac 'n' cheese Served with Garden Salad with Chick peas | Grilled Tofu Served with Lemon Rice/Greek Salad |
| WEEK 3 | | | | | |
| LUNCH (Meat/Carnivore)) | Chicken Shawarma Pita Basmati Rice Seasonal Local Vegetables | Beef Burger & Oven Fries Served with Veggie Sticks | Cheese Pizza Served with Pasta/ Garden Salad | Tomato & Feta Bake Served with Seasonal Vegetables | Panko Breaded Sole Served with Oven Roast Potatoes and Garden Greens |
| (Vegetarian/Herbivore) | Vegetarian pita Served with seasonal Vegetables | Veggie Burger w/ Oven Fries Served with Veggie Sticks | Cheese Pizza Served with Pasta/ Garden Salad | Tomato & Feta Bake Served with Seasonal Vegetables | Breaded Eggplant Served with Roasted Potatoes and Greens |

**THERE ARE 3 WEEKS OF
HOT LUNCH MENUS THAT
ARE SERVED IN
ROTATION. PLEASE
CROSS REFERENCE THE
MENU BY DATES**

**April 10 to 14 -Week 1
April 17 to 21 -Week 2
April 24 to 28 – Week 3
May 1 to 5-Week 1
May 8 to 12- Week 2
May 15 to 19- Week 3**

**May 22 to 26-Week 1
May 29 to June 2- Week 2
June 5 to 9- Week 3
June 12 to 16-Week 1
June 19 to 23-Week 2
June 26 to 30- Week 3**